

Thank you for choosing Jefferson Surgical Clinic for your health care needs.

Dr. Gregory Zachmann's office is located at 1234 Franklin Road, S.W., Roanoke, VA. Directions and a map are enclosed. We offer handicapped parking at 1229 3rd Street, S.W., at our Vascular Building. All other parking is across from our main Walnut Avenue entrance.

We are enclosing several forms for you to complete prior to your appointment. **Please bring these completed forms at the time of your appointment and give them to the receptionist when you sign in.** Please arrive 15 minutes prior to your appointment time so we can review your documents and gather additional information if necessary. If you have not completed your paperwork, you will need to arrive 30 minutes prior to your appointment.

Your form packet includes:

Patient Information and Acknowledgement of Receipt of Privacy Notice/Consent

Consent and Authorization

Patient Medical History

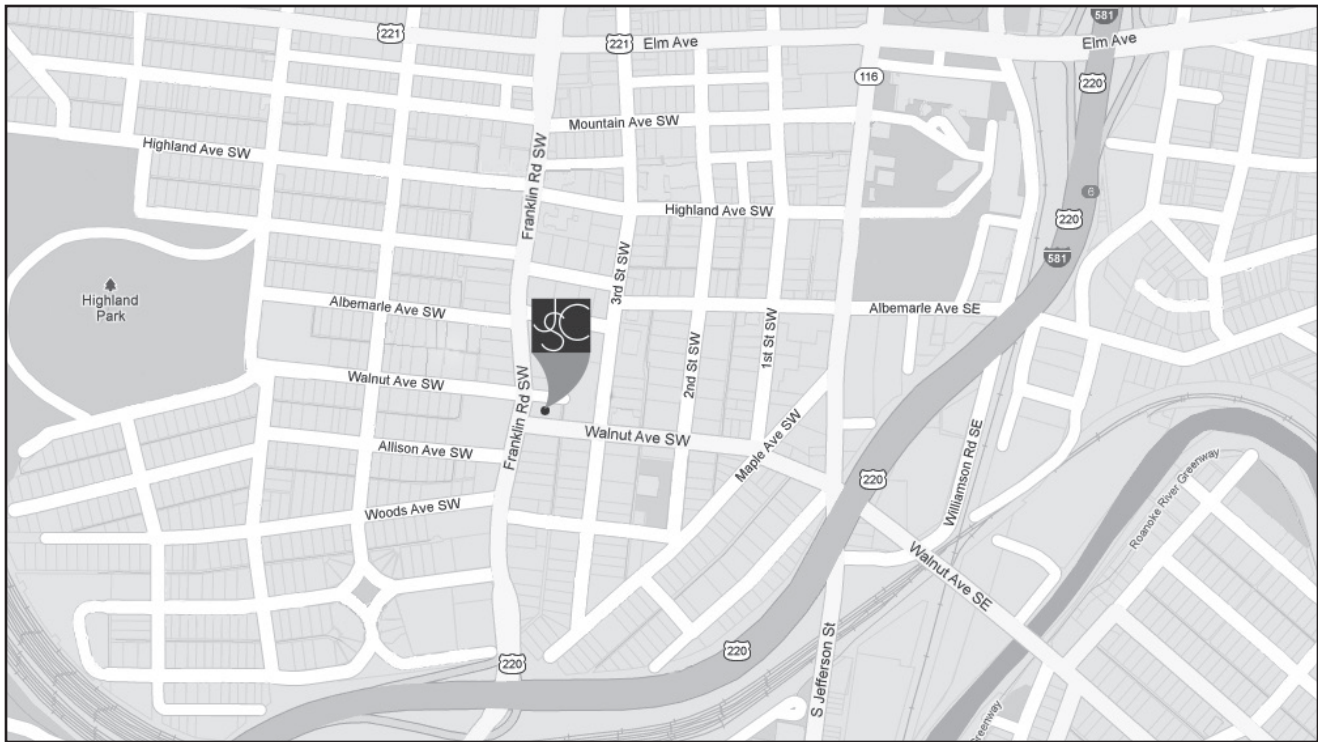
Current Medications and Allergies

Notice of Privacy Policy

In addition to these completed forms, please bring your current insurance cards and your driver's license or valid picture ID. If your insurance requires a referral from your primary care physician, it is your responsibility to obtain that referral prior to arriving for your appointment. Any copayment required by your insurance company will be collected when you sign in.

Please call our office at 540.283.6033 or 540.283.6000 should you have questions prior to your appointment.

**Main Office**  
**1234 Franklin Road**  
**Roanoke, VA 24016**  
**540.283.6000**



**From I-81:**

- Merge onto I-581 South/US 220 South via Exit 143 toward Airport/Roanoke
- Take the VA-24/Elm Avenue exit (Exit 6)
- Take the ramp toward Downtown
- Merge onto Elm Avenue Southeast
- Turn left onto US-220 Franklin Road Southwest
- Turn left onto Walnut Avenue
- Turn right into the first parking lot on your right
- Jefferson Surgical Clinic is at the corner of Franklin Road and Walnut Avenue

**From US 220 North/I-581 North:**

- Take the Franklin Road Southwest exit
- Turn right at the first traffic light onto Walnut Avenue
- Turn right into the Jefferson Surgical Clinic parking lot
- Jefferson Surgical Clinic is at the corner of Franklin Road and Walnut Avenue





Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Today's Date \_\_\_\_\_

**CONSENT AND AUTHORIZATION**

- 1. **Consent to Treatment:** I, the undersigned, do consent to the physicians of Jefferson Surgical Clinic, Inc. to administer any and all treatments deemed necessary for diagnostic or treatment purposes while in their care. This consent is given for a period of one year, ending one year from the date signed below.
- 2. **Consent to HIV Testing:** In case a health care worker of this Clinic, during your care, is punctured by a needle or is directly exposed to fluids that may transmit the HIV virus, in accordance with Section 32.1-45.1 of the Virginia Code, you will be deemed to have consented to the Clinic's right to draw blood for testing for the HIV virus and the release of such test results to the Clinic and the worker who suffered the exposure. All positive test results will be disclosed to the Department of Health. Other persons to whom the results may be disclosed include health care providers involved in your care or treatment, emergency medical services personnel, others who have access to the record for quality assurance, your parent(s) if you are a minor, or your spouse.
- 3. **Consent for Virginia Jurisdiction:** The relationship between the undersigned Patient and Jefferson Surgical Clinic shall be in accordance with and governed by the laws of the Commonwealth of Virginia in effect as of the date of this Registration. The Patient hereby consents to the personal jurisdiction of any state or federal courts located within the Commonwealth of Virginia.
- 4. **Authorization of Benefits:** I authorize the release of any medical information necessary to process my insurance claims for services rendered by Jefferson Surgical Clinic, and request payment to be made directly to Jefferson Surgical Clinic. I accept responsibility for all charges incurred at Jefferson Surgical Clinic.
- 5. **Consent to Medical Photography:** I consent for medical photographs to be made of me or my child (or person for whom I am legally responsible). By consenting to these medical photographs, I understand that I will not receive payment from any party for them. I understand the photograph(s) may be used in my medical record and for purposes of medical teaching.
- 6. **Authorization to Release PHI for participation in Electronic Prescription Database:** I authorize the use or disclosure of my individual Protected Health Information (PHI) as described below, with the understanding that this authorization is voluntary and may be revoked at any time by notifying JSC, in writing, except to the extent it has already taken action in reliance on this Authorization. This authorization covers individual prescription (present and future) PHI and prescription history disclosed by the physicians and other employees of Jefferson Surgical Clinic, P.C. (JSC) as well as to employees and agents of Sure Script and SRSsoft. The purpose of this disclosure of PHI is to permit JSC to provide prescription and prescription history information to a national electronic clearing house of such information to facilitate accessibility to and exchange of such information among my various health care providers and third-party pharmacy program payors for purposes of my treatment, reimbursement for prescriptions, and for any related purpose. If the organization authorized to receive the PHI is not a health plan, health care clearing house or healthcare provider covered by federal privacy regulations, the released PHI may no longer be protected from further use or disclosure by federal privacy regulations and may be subject to redisclosure by the recipient(s). I understand that I may see and receive a copy of the information described above if I request it in writing, I have the right to a copy of this consent, I have a right to refuse to sign this consent, and acknowledge that this consent will expire on termination of my status as a patient of Jefferson Surgical Clinic, P.C.

**I have read and understand the consent information above. I understand any changes to the above consents must be made in person or in writing.**

**Patient Name (please print):** \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**As the patient's**  **Parent**  **Legal Guardian** or  **Power of Attorney**, I am authorized to sign on behalf of the above named patient.

**Authorized Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



# Jefferson Surgical

— EAR NOSE & THROAT —

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Today's Date \_\_\_\_\_

GREGORY ZACHMANN, M.D.

**REFERRING DOCTOR:** \_\_\_\_\_

**FAMILY DOCTOR:** \_\_\_\_\_

**WHAT IS THE REASON FOR THIS VISIT?** \_\_\_\_\_

**MEDICAL HISTORY:**

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Acid reflux     | <input type="checkbox"/> Dementia      | <input type="checkbox"/> Jaundice/Hepatitis  | <input type="checkbox"/> Sinus infections    |
| <input type="checkbox"/> Stomach ulcer   | <input type="checkbox"/> Parkinson's   | <input type="checkbox"/> Meningitis          | <input type="checkbox"/> Kidney problem      |
| <input type="checkbox"/> Asthma          | <input type="checkbox"/> Seizure       | <input type="checkbox"/> Abnormal heartbeat  | <input type="checkbox"/> Prostate problem    |
| <input type="checkbox"/> Bronchitis      | <input type="checkbox"/> Stroke        | <input type="checkbox"/> Blood clots         | <input type="checkbox"/> Bleeding disorder   |
| <input type="checkbox"/> Emphysema       | <input type="checkbox"/> Anxiety       | <input type="checkbox"/> Heart disease       | <input type="checkbox"/> Skin cancer         |
| <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Depression    | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Cancer: Type: _____ |
| <input type="checkbox"/> Thyroid problem | <input type="checkbox"/> Panic attacks | <input type="checkbox"/> Allergies           | <input type="checkbox"/> Osteoporosis        |
| <input type="checkbox"/> Arthritis       | <input type="checkbox"/> HIV/AIDS      | <input type="checkbox"/> Ear infections      | <input type="checkbox"/> Sleep apnea         |
| <input type="checkbox"/> Heart murmur    | <input type="checkbox"/> Other: _____  |  |  |

**SURGERY:**

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Appendectomy                  | <input type="checkbox"/> Carotid           | <input type="checkbox"/> Rhinoplasty   | <input type="checkbox"/> Facial fractures                |
| <input type="checkbox"/> Gallbladder                   | <input type="checkbox"/> Heart             | <input type="checkbox"/> Septoplasty   | <input type="checkbox"/> Joint surgery (knee, hip, etc.) |
| <input type="checkbox"/> Intestine                     | <input type="checkbox"/> Stent             | <input type="checkbox"/> Sinus surgery | <input type="checkbox"/> Breast                          |
| <input type="checkbox"/> Thyroid                       | <input type="checkbox"/> Adenoidectomy     | <input type="checkbox"/> Tonsillectomy | <input type="checkbox"/> Chemotherapy                    |
| <input type="checkbox"/> Angioplasty/<br>cardiac stent | <input type="checkbox"/> Ear tubes         | <input type="checkbox"/> Skin cancer   | <input type="checkbox"/> Radiation Therapy               |
| <input type="checkbox"/> Other: _____                  | <input type="checkbox"/> Other ear surgery | <input type="checkbox"/> Back          | <input type="checkbox"/> Neck tumor                      |

Latex Allergy:  Yes  No

Shellfish Allergy:  Yes  No

Tape Sensitivity:  Yes  No

Are you pregnant or trying to become pregnant?  Yes  No

**SOCIAL HISTORY:**

How often

How much

Quit when

- |                   |       |       |       |
|-------------------|-------|-------|-------|
| Cigarettes        | _____ | _____ | _____ |
| Pipe              | _____ | _____ | _____ |
| Cigar             | _____ | _____ | _____ |
| Chewing Tobacco   | _____ | _____ | _____ |
| Dip/snuff         | _____ | _____ | _____ |
| Alcohol/beer/wine | _____ | _____ | _____ |



Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Today's Date \_\_\_\_\_

GREGORY ZACHMANN, M.D.

FOR CHILDREN: \_\_\_ Does child attend daycare?
\_\_\_ Child exposed to secondhand smoke (others smoking around them)

FAMILY HISTORY: (PARENTS/SIBLINGS)

- \_\_\_ Hearing loss \_\_\_ Anesthesia complications (other than nausea)
\_\_\_ Diabetes \_\_\_ Thyroid disorder
\_\_\_ Bleeding disorder \_\_\_ Parathyroid disorder
\_\_\_ Allergies/hay fever \_\_\_ Thyroid Cancer
\_\_\_ High blood pressure \_\_\_ Cancer: What type? \_\_\_\_\_

SLEEPING: If you snore loudly, routinely feel tired in the morning, or have been told you struggle to breathe or stop breathing at night, please fill out the "Sleepiness Questionnaire" below:

SLEEPINESS QUESTIONNAIRE: For each situation, please write the number which indicates the chance that you might doze off.

0 = no chance 1 = mild chance 2 = moderate chance 3 = very likely

- Sitting and reading \_\_\_ Sitting quietly, as in movie or meeting \_\_\_
Lying down in the afternoon \_\_\_ As a passenger in a car for an hour \_\_\_
Watching TV \_\_\_ In a car while stopped in traffic \_\_\_
Sitting and talking with someone \_\_\_

Total Score: \_\_\_ of 21

THROAT PROBLEMS: If you have a chronic cough, sensation that something is stuck in your throat, heartburn/indigestion, chronic hoarseness or throat clearing, please fill out the "Reflux Questionnaire" below:

REFLUX QUESTIONNAIRE: Within the past month, how much did these symptoms affect you?

0 = no problem 5 = severe problem

- Hoarseness or voice problem \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5
Throat clearing \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5
Excess mucus or post-nasal drip \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5
Difficulty swallowing food, liquid or pills \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5
Coughing after eating or after lying down \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5
Breathing difficulties or choking episodes \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5
Troublesome or annoying cough \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5
Sensation of lump in throat or something stuck in throat \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5
Heartburn, indigestion, chest pain, or stomach acid coming up \_\_\_0 \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5

Total Score: \_\_\_ of 45

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Today's Date \_\_\_\_\_

**GREGORY ZACHMANN, M.D.**

Why are you here today? \_\_\_\_\_

**REVIEW OF SYSTEMS**

Please check Yes or No for the symptoms you have **NOW**.

Yes	No		Yes	No	
		active allergies			fainting/blackouts/pass out
		post-nasal drip			cough
		runny nose			coughing blood
		stuffy nose			shortness of breath
		vision change			wheezing
		difficulty swallowing			skin lesion
		ear infection			itching
		earache			headache
		trouble inflating ears			numbness
		sensation of lump inside throat			seizure
		hearing loss			recent stroke/TIA
		hoarseness			weakness
		loss of smell			heat/cold intolerance
		loss of taste			acid reflux
		nasal discharge			heartburn/indigestion
		neck mass			arthritis
		painful swallowing			back pain
		persistent cough			abnormal bleeding & bruising
		ringing in the ears			swollen glands
		sinus congestion			anxiety
		snoring			decreased energy
		sore throat			feeling sick/run down
		throat clearing			fever/chills
		TMJ/jaw pain			night sweats
		vertigo/spinning			stress
		chest pain/pressure			weight gain/obesity
		elevated blood pressure			unexpected weight loss

Signature \_\_\_\_\_





## NOTICE OF PRIVACY POLICY

This notice, effective April 1, 2003, describes how information about you may be used and disclosed and how you can get access to this information. The physicians and staff of Jefferson Surgical Clinic are committed to treating and using your protected health information responsibly. This Notice of Privacy Policy describes the personal information we collect, and how and when we use or disclose that information. It also describes your rights as they relate to your protected health information. This Notice of Privacy Practices covers all departments within our practice, and any physicians, providers, and staff who treat you at any of our locations.

Each time you visit the physician, a record of your visit is made. These records contain personal information and medical information and are used for your direct care and treatment. It's also used to produce an accurate bill for the services you receive, helps improve the care we give and strengthens the operations of our organization.

### Your Health Information Rights

Although your medical record is the physical property of Jefferson Surgical Clinic, the information in it belongs to you. You have the following rights with respect to your health information:

You can inspect and get a copy of your health information that may be used to make decisions about your care, subject to a few limited exceptions. You may request copies of your health information, in writing, from medical records personnel at Jefferson Surgical Clinic. We may charge a fee for the costs of copying, mailing or other supplies associated with your request.

If you feel the health information is incorrect or incomplete, you may ask us to amend the information. You have the right to request an amendment for as long as the information is kept by, or for, our practice. Your request must be made in writing and include the reason for your request. We may deny your request if you ask us to amend information that was not created by us. We may also deny your request to amend information if we believe the information to be accurate and complete.

You may request a restriction or limitation on the health information we use or disclose about you for treatment, payment or our operations. You also have the right to request a limit on the medical information we disclose about you to someone who is involved in your care or the payment for your care, such as a family member or friend. We are not required to agree to your request. In your request, you must tell us:

- What information you want to limit.
- Whether you want to limit our use, disclosure or both.
- Who you want to receive your medical information.

You can request an accounting of your health information disclosures, except for those needed to carry out treatment, payment or our operations. Other exceptions include, but are not limited to:

- For national security and intelligence.
- Use by law enforcement officials or correctional institutions.

Your request must state a time period that may not be longer than six years and may not include dates before April 14, 2003.

The first list you request within a 12-month period will be free.

You can revoke your authorization to use or disclose health information, unless disclosure has already occurred.

You can request communications of your health information by alternative means, at alternative locations or in a confidential manner. For example, you can ask that we contact you only at work or by mail. We will accommodate all reasonable requests.

You can request a paper copy of this notice even if you have agreed to receive the notice electronically.

### Our Responsibilities

Jefferson Surgical Clinic is required by law and is committed to:

- Maintain the privacy of your health information.
- Provide you with this notice of our legal duties and privacy practices with respect to health information we collect and maintain about you.
- Abide by the terms of this notice.
- Notify you if we are unable to agree to a requested restriction and, in most cases, allow you to request a review of our decision.

We reserve the right to change our privacy practices and to make the new provisions effective for all protected health information we maintain. Should our information practices change, we will amend this notice and post a copy of the revised notice.

This notice will contain on the first page the effective date. In addition, the first time you register at our practice for health care services as patient, we will offer you a copy of the current notice in effect.

### For More Information or to Report a Problem

If you have questions and would like additional information, you may contact Karen Tuttle, Jefferson Surgical Clinic's Privacy Officer, at 540-345-1561. If you believe your privacy rights have been violated, you can file a complaint with Jefferson Surgical Clinic's Privacy Officer or with the Office for Civil Rights, U.S. Department of Health and Human Services. There will be no retaliation for filing a complaint with either the Privacy Officer or the Office for Civil Rights. The address for the OCR is below:

Office for Civil Rights  
U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, DC 20201



## NOTICE OF PRIVACY POLICY

### Permitted Uses and Disclosures Which Do Not Require Your Written Consent or Authorization

We will use your health information for treatment, which means the provision, coordination or management of the health care services we provide. For example, information obtained by a nurse, physician or other member of your health care team will be recorded in your record and used to determine the course of treatment that should work best for you. Your physician will document in your record his/her expectations of the members of your health care team. Members of your health care team will then record the actions they took and their observations. In that way, the physician will know how you are responding to treatment.

We will use your health information for payment, an activity necessary for us to receive reimbursement for the services we provide to you. For example: a bill may be sent to you, an insurance company or other payer. The information on, or accompanying, the bill may include information that identifies you, as well as your diagnosis, procedures and supplies used.

We will use your health information for regular health care operations, such as quality assessments, evaluating practitioner performance, cost management and general administrative activities. For example: members of the medical staff, the risk or quality improvement manager, or members of the quality improvement team may use information in your health record to assess the care and outcomes in your case and others like it. This information will then be used in an effort to continually improve the quality and effectiveness of the health care and services we provide, and provide training to our staff.

Some services are provided in our practice through contracts with business associates. We may disclose your health information to our business associates so they can perform the job we've asked them to do. Our contracts require business associates to appropriately protect the privacy and security of your health information.

We may disclose health information relevant to your care or payment for your care to a family member, other relatives, a close personal friend or any other person you identify.

During the initial visit, we may ask you to identify those whom you would like to receive information about you.

We may use or disclose health information to notify or assist in notifying a family member, personal representative, or another person responsible for your care about your location and general condition.

We may use and disclose medical information to contact you as a reminder that you have an appointment for treatment or medical care at the practice. In leaving a message on an answering machine, we will only leave our name and the appointment's time and date.

We may contact you to provide information about treatment alternatives or other health-related benefits and services that may be of interest to you.

We may use sign-in sheets in certain locations to check you into the practice. We also may call your name in the waiting area. If you do not wish to sign the sign-in sheet or have your name called, please tell the receptionist and we will make adjustments to meet your request.

We may also disclose health information as permitted or required by law, such as in the following circumstances:

- to the extent required by worker's compensation or other similar programs.
- to a health oversight agency for audits, investigations and inspections
- to public health or legal authorities charged with maintaining health records and preventing or controlling disease, injury or disability.
- to the FDA relative to adverse events with respect to food, supplements, products and product defects, or post-marketing surveillance information to enable product recalls, repairs or replacement.
- to researchers when their research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your health information. We will always ask for your specific authorization if the researcher will have access to your name, address or other information that reveals who you are or will be involved in your care at one of our facilities.
- to research, public health and health care operations in a limited, non-identifiable, data set.
- to organ procurement organizations or other entities engaged in the procurement, banking or transplantation of organs for the purpose of tissue donation and transplant. Organs will only be procured with written authorization.
- to a coroner or medical examiner and to funeral directors as necessary to carry out their duties.
- to a law enforcement official or in response to a court order, subpoena, warrant, summons or similar process.
- to authorized federal officials for intelligence, counterintelligence and other national security activities.
- if you are a member of the armed forces, as required by military command authorities.
- to authorized federal officials so they may provide protection to the President, other authorized persons or foreign heads of state or conduct investigations.
- If you are an inmate of a correctional institution, to the institution or agents for your health and the health and safety of other individuals.
- A Group Health Plan may disclose protected health information to a plan sponsor.

Other uses and disclosures of medical information not covered by this notice, required for emergency treatment or permitted by the laws that apply to us will be made only with your written authorization. If you authorize disclosure, you may revoke that, in writing, at any time.

If you revoke your authorization, we will not use or disclose your medical information for the reasons covered by your prior written authorization. Please understand we are unable to take back disclosures we already made with your prior authorization, and that we are required to retain our records of the care that we provide to you.